



Alberta Development Ski Team (ADST) Selection Criteria for 2025 - 2026

The Selection Committee will be made up of a minimum of three Nordiq Alberta Board members and will be assisted by the Provincial Coach/Development Director.

Program Objectives:

- To support Alberta development-level athletes born in 2009-2011 in their pursuit of excellence in the sport of cross-country skiing through the provision of supported training and competitive development opportunities
- To prepare athletes for the next development level (AST) through appropriate educational, training and technique development opportunities
- To provide a “team” atmosphere for developing-level athletes
- To provide an avenue of support for development-level athletes through Nordiq Alberta
- To promote long-term involvement in the sport

Team Size:

Minimum of 24 athletes (12 males and 12 females)

Athlete Eligibility:

1. Member in good standing of a registered Nordiq Alberta club
2. Alberta resident (defined as a full-time resident for 6 months prior to the team selection date)
3. Holder of Alberta Health Care card
4. Born in 2009, 2010, 2011

Selection Acceptance Requirements:

The Selection will be considered accepted when the Nordiq Alberta office has received the following:

1. Nordiq Alberta athlete agreement signed by athlete, coach and parents;
2. Athlete code of conduct signed by the athlete;
3. Nordiq Alberta athlete media form and medical form completed;
4. Payment of ADST fee, when applicable;



Selection Criteria:

Athletes will be selected according to the following criteria:

Alberta Cup aggregate points will be used for selection. Points will be accrued for selection consideration only when an athlete competes in their appropriate category as defined by Nordiq Alberta for their year of birth.

Aggregate points are calculated according to the 6-4 rule for 9 or 10 races (if applicable); the 5-3 rule for 7 or 8 races; or the 4-3 rule for 5 or 6 races, where the first number of the rule refers to the maximum number of race results to be used and the second number refers to the minimum number of races that a skier must complete to be eligible to receive an aggregate award. If only 4, 3, 2, or 1 race (s) are/is held, then the rule becomes a 3-2, 2-2, 2-1, or 1-1 rule respectively.

For example, eligible athlete points are calculated from:

- Best 5 of 7 or 8 races (when there are 7 or 8 AB Cup races in a season)
- Best 4 of 5 or 6 races (when there are 5 or 6 AB Cup races in a season)
- Best 3 of 4 races (when there are 4 AB Cup races in a season)
- Best 2 of 2 or 3 races (when there are 2 or 3 AB Cup races in a season)
- Best 1 of 1 race (when there is only 1 AB Cup race in a season)

Therefore, athletes who compete in more Alberta Cup race events have an increased likelihood of being eligible to be selected to the ADST.

Athletes must compete in their appropriate age category as defined by Nordiq Alberta. 2011 athletes must compete in the U14 category for their points to accrue for selection. 2009 and 2010 athletes must compete in the U16 category for their points to accrue for selection.

SC1.

- The 5 top-ranked 2011 males and the 5 top-ranked 2011 females will be nominated.
- The 5 top-ranked 2010 males and the 5 top-ranked 2010 females will be nominated.
- The 3 top-ranked 2009 males and the 3 top-ranked 2009 females will be nominated.
- The 1st ranked 2009 male and 2009 female athletes may be nominated to the Alberta Ski Team if they meet the CPL requirement as outlined in AST Selection Criteria 4.



SC2.

Where an athlete who is ranked in the top 5 males and top 5 females born in 2011 or an athlete who is ranked in the top 5 males or top 5 females born in 2010 do not accept their position, or when the eligible athletes born in 2009 do not accept their position, the next ranked athlete from that YOB category will be offered a position.

SC3.

In extraordinary circumstances, Nordiq Alberta may make discretionary selections to the ADST. These selections are motivated to provide fairness and equity and will be consistent with the above-noted criteria.

Force Majeure

Athletes selected under Force Majeure will be in addition to, not to replace, athletes eligible under SC1 and SC2. “Force Majeure” means an unexpected event beyond the reasonable control of the athlete that crucially affects that athlete’s ability to compete, and will be determined on a case-by-case basis (e.g. racing out of YOB category for specific events, illness, injury, transportation breakdown, etc., with proper documentation included) and must be submitted by the athlete’s coach as rationale for not having competed in or completed a selection race(s). The proper documentation needs to be received by Nordiq Alberta and reviewed by the Technical Committee between April 1 – April 20, 2025.

In the event that the regular competition season does not occur, athletes will be selected using the criteria that can be applied based on events that did occur.

In the event no competitions take place, Force Majeure will NOT be applied.

Selection timeline

- **February 1, 2025** – 2025-26 ADST Draft program published on the Nordiq Alberta website;
- **March 21, 2025** – AB Cup Aggregate points published on the Nordiq Alberta website;
- **April 30, 2025** - Invitations sent to nominated athletes by Nordiq Alberta;
- **May 7, 2025** – Athletes are required to accept or decline their nomination to the ADST by notifying the Nordiq Alberta office in writing by email. No response will be interpreted to be a decline;
- **May 10, 2025** – Round two of the ADST athlete selections based on any openings created by athletes declining their selection in the first round;



- **May 14, 2025** – Any additional athletes selected to the ADST are required to accept or decline their selection by notifying the Nordiq Alberta office in writing by email. No response will be interpreted to be a decline;
- **May 21, 2025** – The ADST announced with the selection synopsis made available;
- **June 3, 2025** – The ADST selection paperwork and payment are due at the Nordiq Alberta office.

The program and size is dependent on the Nordiq Alberta Ski Team Policy.