



Alberta Ski Team (AST) Selection Criteria for 2023 – 2024

The Selection Committee will be made up of a minimum of three Nordiq Alberta Board members and will be assisted by the Provincial Coach/Development Director.

Program Objectives:

- o To prepare Alberta's top high-performance athletes for the next level of development through appropriate education, training, physiological testing, technique development and potential competitive opportunities
- o To advance the psychological skill set of the highest performing athletes in Alberta
- o To provide an avenue to support development-level athletes through Nordiq Alberta
- o To promote and support long-term involvement in competitive cross-country skiing
- o To develop coaching knowledge, skills, and attitudes amongst club coaches from around the province
- o To ensure opportunities for social development within the team and the sport of cross-country skiing
- o To deliver a program that is consistent with the LTAD framework

Team Size: Minimum of 10 athletes (5 female and 5 male) up to a maximum of 16 athletes (8 female and 8 male)

Athlete Eligibility:

1. Member in good standing of a registered Nordiq Alberta Club
2. Alberta resident (defined as full time resident for 6 months, prior to team selection date)
3. Holder of Alberta health care card
4. Holder of valid Nordiq Canada license
5. Born in 2004-2007

Selection Acceptance Requirements:

The selection will be considered accepted when Nordiq Alberta Office has received the following:

1. Nordiq Alberta athlete agreement signed by the athlete, coach and parents (if athlete is under 18 years of age)
2. Signed Athlete Code of Conduct
3. Nordiq Alberta athlete media form and medical form completed
4. Payment of AST fee when applicable



Selection Criteria:

- **In the event that the regular competition season does not occur, athletes will be selected using the criteria that can be applied based on events that did occur.**
- **In the event no competitions take place SC3 Force Majeure will NOT be applied**

Athletes will be selected according to the priority of selection criteria ranking as follows:

SC1.

An athlete who earns a position on the World Junior Championships and/or Youth Olympic Games teams.

SC2.

An athlete winning a medal at the Canadian National Championships (individual event only).

SC3.

Up to 3 males and 3 females from the season end Ad hoc Canada Points List (CPL) (combination of 3 Distance races and 2 Sprint races).

SC4.

Alberta Cup aggregate points will be used for the selection of up to one 2007 male and up to one 2007 female athlete, up to one 2005-2006 male and up to one 2005-2006 female athlete. Points are accrued for selection consideration only when an athlete competes in their appropriate category as defined by Nordiq Alberta for their year of birth. Where limited spots on the team are available priority will be given to the 2005-2006 athlete(s).

Alberta Cup points will be used for the selection of AST athletes based on the following formula:

- Best 5 of 7 or 8 (when there are 7 or 8 AB Cup races in a season)
- Best 4 of 5 or 6 races (when there are 5 or 6 AB Cup races in a season)
- Best 3 of 4 races (when there are 4 AB Cup races in a season)
- Best 2 of 2 or 3 races (when there are 2 or 3 AB Cup races in a season)
- Best 1 of 1 race (when there is only 1 AB Cup race in a season)

SC5.

Force Majeure factors – athletes selected under SC5 will be in addition to, not to replace athletes eligible under SC1, SC2, SC3 or SC4. “Force Majeure” means an unexpected event beyond the reasonable control of the athlete that crucially affects the athlete’s ability to compete (e.g. racing out of YOB category for team selection, illness, injury, transportation breakdown, etc., with proper documentation included) and can be put forward as rationale for not having competed in or completed a selection race(s).



SC6.

Where an athlete selected from SC1, SC2, SC3 or SC4 does not accept his/her position on the AST, the next highest ranked athlete will be selected based on SC3. Only skiers with CPL points of 78, in either Sprint or Distance, or above will be considered to be selected to the team.

SC7.

In extraordinary circumstances, the Development Director (Provincial Team Coach) may make discretionary selections to the AST. These selections are motivated to provide fairness and equity and must be rationalized consistent with the above noted criteria.

Selection timeline

- **February 1, 2023** – 2023-24 AST Draft program published on the Nordiq Alberta website;
- **March 21, 2023** – AB Cup Aggregate points published on the Nordiq Alberta website;
- **April 30, 2023** - Invitations sent to selected athletes by Nordiq Alberta;
- **May 7, 2023** – Athletes are required to accept or decline their selection to the AST by notifying the Nordiq Alberta office in writing by email. No response will be interpreted as a decline;
- **May 10, 2023** – Round two of the AST athlete selections based on any openings created by athletes declining their selection in the first round;
- **May 14, 2023** – Any additional athletes selected to the AST are required to accept or decline their selection by notifying the Nordiq Alberta office in writing by email. No response will be interpreted as a decline;
- **May 21, 2023** – The AST announced with the selection synopsis made available;
- **June 3, 2023** – The AST selection paperwork and payment are due at the Nordiq Alberta office;
- **Please note – final invitations are dependent on Nordiq Canada and when they finalize their CPL list.**

The program and size is dependent on the Nordiq Alberta Ski Team Policy.